

There are 10 PARADISES on Earth!!

Don't miss the ONLY INDIAN ONE.....



A destination that can re-ignite life into you and inspire to break-free from all barriers!!



Welcome to Kerala  
the ultimate  
Paradise in India

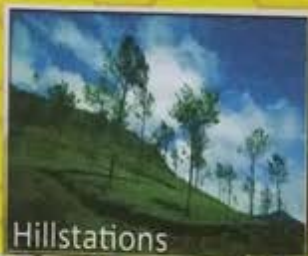


Situated on the Malabar Coast of South-Western India, the state of Kerala is a real heaven on Earth with its Exotic and Pristine Beaches, Breathtaking Hill Stations, Enchanting Waterfalls, Beautiful Lagoons, Amazing Wildlife and Vibrant Festivals.

Beaches



Backwater



Hillstations



Houseboat

Wildlife



Festivals



Temples

It has unique and spiritualistic ambience, hiding in its store a plethora of beautiful and majestic temples giving it the nickname of 'God's Own Country'. It is a treasure trove of architectural monuments, heritage sites and some magnificent historical forts and palaces.

For a varied holidaying experience the best 3 destinations would be Munnar - As a Hill Station, Alleppey - As a Beach cum Backwater destination and Thrissur - As a Cultural attraction.

# Memoirising Munnar



Best time of the year to visit: MARCH To MAY (Summer Season), when the weather is pleasant and also that many adventure activities are organised during summers and longer daylight ensures longer outdoors to enjoy. Breathtakingly Beautiful - A heaven of peace and tranquility - The Idyllic Hill Station on the Western Ghats, is at an altitude around 6000 ft, and located in Idukki district of South-Western Kerala, and is one most sought after travel destinations of the world.

## How to Reach:

There is no direct route from Kolkata to Munnar, and the fastest route is via Cochin.

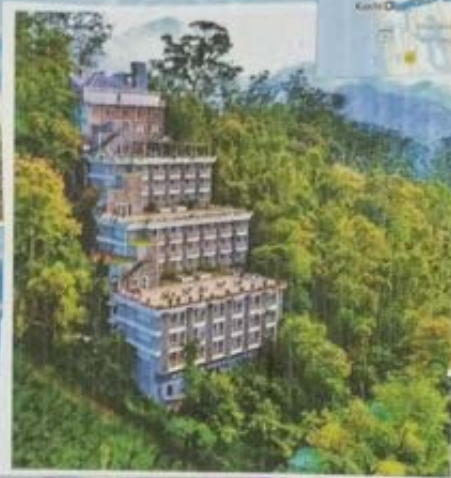
## By Air:

There are several domestic flights (including connecting flights) Dum Dum International Airport (KOL) to Cochin International Airport (110 Km from Munnar town)

## By Train:

There are six direct trains from Howrah Junction to Ernakulam Junction, Cochin.

From Cochin to Munnar via land route: By State Tourism  
Bus, Private Taxi or Cab.



## Lodgings:

### Tree Houses

- Dream Catcher Plantation Resort
- Nature Zone Resort
- 7 Springs Plantation Resort

### Luxury Hotels

- Parakkat Nature Hotels and Resorts
- Chandly's Windy Woods
- Spice Tree

### Home Stays

- Ripples n Rocks
- Munnar Dreams
- Aranyaka

Restaurants: Saravana Bhavan, Copper Castle Restaurant, Rapsy Restaurant



## Shops to buy :

1. Handicrafts : Johnsons Woodcraft Workshop  
Kunjithanni, Srusti Sales Outlet
2. Traditional Attire : Anonya Naturals, Golden Stores



## Recreational Activities :

Camping and Trekking at Echo Point, Lokshmi Hills and Matthiketan  
Shola Rainforest, Mountain Biking at Suryonelli, Rock Climbing at  
Fun Forest Adventure Park, Shikara Ride at Kundala Lake, Water  
Sports at Mattupetty Dam, Ride on ATV at Dreamland Fun and  
Adventure Park, Hiking at Anamudi Peak.



## Bio-Diversity Activities :

Scenic Tours : Munnar Top Station, Tea Estate Tours at Kolukkumalai, Lakkom Waterfalls, Elephant Safari Carmelagiri Elephant Park, Rose Garden, Blossom International Park, Pothamedu Viewpoint, Wonder Valley, Attukad, Cheeyapara and Thoovanam Waterfalls, Lockhart Gap. Wildlife Watching : Eravikulam National Park, Chinnar Wildlife Sanctuary and Salim Ali Bird Sanctuary.



## Tourism Activities :

Explore History of Tea at the Tata Tea Museum, visit and explore Chithirapuram and CSI Church, Kollengode Palace, Enjoy Kathakali at Punarijani Traditional Village, Watch Kalariipayattu at Kalari Kshethra, Pray at Mount Carmel Church, Unravel Art and Culture at the Thirumeni Cultural Centre. Subramanya

Temple



# Awesome Alleppey



Alleppey or 'Allappuzha' is among the most coveted tourist destinations in Kerala. Fondly called the 'Venice of the East'; this picturesque city is known for its enchanted backwaters, scenic beauty, azure lagoons, evergreen coconut groves, intricate network of canals and other natural bounties. Also famous for its ageless temples, serpentine canals draining into the Ocean, Colourful Lagoons, Rice Paddies, and a 150 year old lighthouse.

## How to Reach :

### By Air :

There are several domestic flights (including connecting flights) Dum Dum International Airport (KOL) to Cochin International Airport (82 km from Alleppey city) and from there one can hire a car or a bus to Alleppey.

### By Train :

There is one direct train called Shalimar Trivandrum Superfast Express from Shalimar Station (Kolkata) to Alleppey Station.



## Lodgings:

Houseboats: Jhonson's Homestays Ecohouseboat, Xondazhi Riverscapes, HB Kariyas Houseboat.

Luxury Hotels: Lake Palace Backwater Resort, Romada by Wyndham Alleppey, Palmgrove Lake Resort.

Homestays: Neela Waters, Palm Garden, Barracuda.

Best time of the year to visit: October to March. With the onset of Winter Season, the weather turns cool and calm with moderate temperature averaging 30-35 C, which create ideal conditions for enjoying a houseboat ride. The clear winter sky allows the bright sunshine to light up the scenic beauty of backwaters. is a feast for the eyes.

Restaurants: Thaff restaurant, Halais Restaurant, The Harbour Restaurant.



## Shops to Buy:

- Handicrafts: Pulickatti Handicrafts, Floating Triveni, Pariyaran Handicrafts.
- Traditional Attire: Khadi Gramodyog Bhavan, Krishna Textile Shop, SM Silks



## Recreational Activities:

House-Boat Cruise Ride / Shikara Ride / Kayaking in Vembanad Lake, Pukaitha River, as well as, Pallathuruthy River. Comfyne in the backwaters. Night Walk along the Serene Beaches.



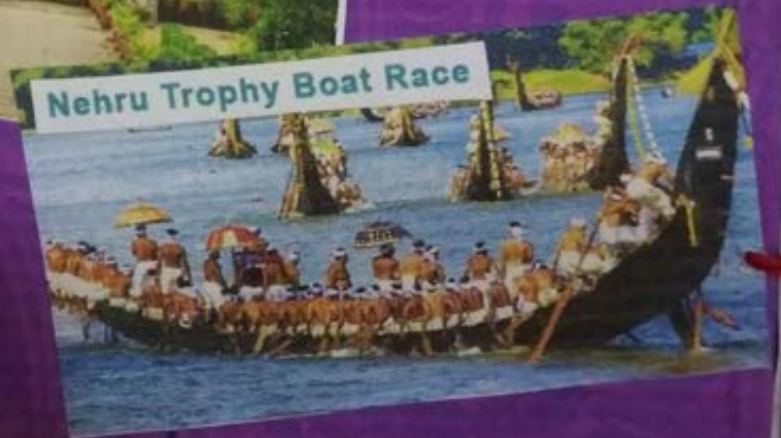
## Bio-Diversity Activities:

Scenic Tours - Marari, Alleppey, Thumpoly, Punnappra Beaches, Vembanad Lake, Kuttanad. Wildlife Watching at Kumarakom Bird Sanctuary.



### Tourism Activities:

Explore the Royal Krishnapuram Palace, Karumadikkuttan Shrine, Mannarasala Temple, Ambalapuzha Sri Krishna Temple, Latin Catholic Church, St Andrews Forane Church, Chettikulangara Bhagavathy Temple, visit to the Coin Museum, Elephant Training Camp, Chayara Bhavan, Pallaricutram Island, Pandavan Rock



### Special Attraction:

Nehru Trophy Snake Boat Race, Vembanad Lake. Annual Competition held Annually in August.

# Traditional Thrissur



The Cultural Capital of Kerala, the Pookams or temple festivals in Thrissur draw in thousands of people. These are a hotbed of folk art performances and heritage tours that will give you an in depth look into some of the grandest traditions of the state. From majestic elephants to colourful pulikali processions to the world renowned Thrissur Pookam, there is always a festive atmosphere in the air. Not only this, there are a number of beautiful beaches, parks, waterfalls and more.

Best time of the Year to Visit October to March. Thrissur mainly has a tropical climate, which translates to a hot and humid weather through most part of the year. However, the best time to visit Thrissur remains the season of winter when weather becomes pleasant and the Mercury drops till 22 Degree Celsius.

However, if you desire to be a part of the world-renowned Thrissur Pookam Festival, then you must visit in April/May. Thrissur also hosts the Pulikali during Onam celebrations in August or September (depending on Malayalam Calendar).

## How to Reach:

### By Air:

There are several domestic flights (including connecting flights) Dum Dum International Airport (KOL) to Cochin International Airport (84 km from Thrissur city) and from the fastest way is by train from Ernakulum Station to Thrissur Station or one can travel by Bus or hire a car or taxi.

### By Train:

There are total 5 Direct Trains from Kolkata to Thrissur, 3 Trains depart from Howrah Junction and 2 Trains depart from Shalimar Junction.



### Hotels:

Luxury Hotels: Hyatt Regency, The Nattika Beach Resort, Neelambari Eco Tourism.

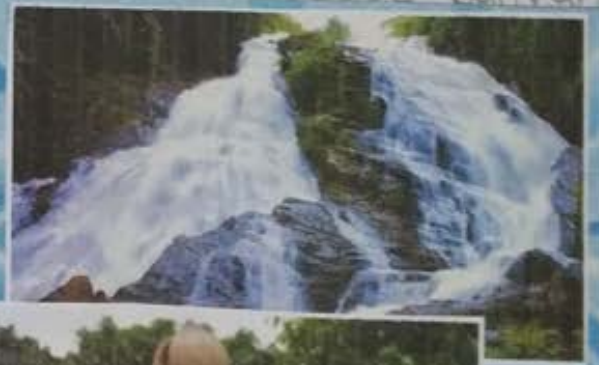
Homestays: Kunnambath Heritage Nalukettu, Kizhanam Homestay, Mud Castle.



Restaurants: Hotel Bharath, Pathan's Residential Hotel's Restaurant, Nooriehan's Hotpot Restaurant.

Shops to buy:

- Handicrafts: Kairali Handicrafts, Swarabi, Vally Crafts
  - Traditional Attire: Kuthampullu Handlooms, Khadiamomadua Bahvan
- Bombay Shopping Mall



Bio-Diversity Activities:

Scenic Tours: Shakthan Thampuran Palace, Thrissur Zoo and State Museum, Athirappilly Waterfalls, Vilangankunnu, Punnathur Kotta, Nehru Park, Villangankunnu, Chavakkad Beach, Snehatheeram Beach, Chettuva Backwater, Charpa Falls, Vazhachal Falls, Peechi Dam, Heritage Garden.



## Tourism Activities :

Religious Sightseeing : Vadakkunnathan Temple, Guruvayur Sree Krishna Temple, Paramakkayur Bhagvathy Temple, Koodalmanikyam Temple, Anattupuzha Temple, Thiruvambadi Krishna Temple, Thiruvayur Temple, Basilica Of Our Lady of Dolours.

## Special Attractions :

### Festivals :

- Thriissur Poozam : Most Spectacular and colourful festival of Kerala.
  - Machadu Momangam : Paykuthiras (Horses) in ceremonial processions are the main majesty of this festival.
  - Anattupuzha Poozam : Highly caparisoned elephants carry 41 idols from different temples in the neighbourhood village at night in colourful procession.
  - Uthralikkavu Poozam : One of the most important festivals.
  - Kodugallur Bharani : The devotees come here, wear red colour costumes to see Kodungallur Amma.
- One can also enjoy the Traditional Dances like Kathakali, Mohiniyattam, Theyyam, Kodiyattam and music (Sopanasanaitam) of Kerala performed in each of these festivals.



Elephant Procession at Arattupuzha Pooram

**THRISSUR POORAM** is considered as the most spectacular festival event on the planet by the **UNESCO**



MACHATTU MAMANGAM



UTHRALIKKAVU POORAM



Kodungallur Bharani 2021



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## Traditional Cuisine

Kerala is an epicurean paradise and its cuisine is a fusion of Malabari, French and Arabian influences and enhanced with a touch of Kerala's unique culture.

### Vegetarian

### Non Vegetarian

- Kairali Thali: Vegetable Pachadi
- Eloneen Payasam, Mezhukkuprattii
- Mixed Vegetable Avial, Puli Enii
- Rice, Sombhar and Rasam.
- Idiyappam with Vegetable Stew.
- Dosa / Idlis.
- Puttu and Kadala Curry
- Vellayappam
- Achappam
- Poduthal
- Shappu Meen Curry
- Thattu Kada
- Idiyappam with Egg Curry
- Nodon Kozhi Varuthathu
- Kerala Prawn Curry
- Duck Curry
- Ari Pathiri and Chicken Curry
- Malabar Mutton Biryani
- Meen Porichathu
- Malabar Fish Curry



## Kerala Thali



## Wellness



## Destination

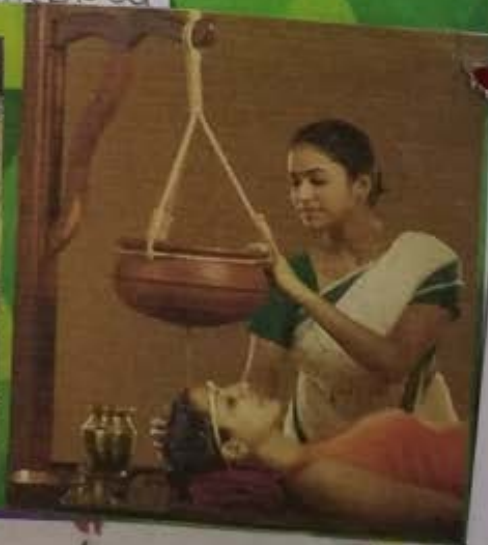
Ayurveda, practised in Kerala in its traditional and authentic form, has been a major attraction for tourists. Kerala has achieved the reputation of a health and wellness destination throughout the world. A traveller gets immense pleasure by going out on a beautiful trip that combines mind-blowing travel experience and revitalizing Ayurveda Treatments.

Some of the Best Ayurvedic Resorts-

Nattika Beach Ayurved Resort, Thrissur

Amber Dale Luxury Hotel and Spa, Munnar.

Erandia Manori Ayurveda Beach Resort, Alleppey





*It's time for*  
**KERALA.**

It's time to leave the ordinary behind.  
It's time to take off on a brand new  
voyage and start life anew.  
Come, right away.



