

LAKSHMIPAT SINGHANIA ACADEMY

OPEN BOOK PROJECT

SESSION: 2022 – 2023

SEMESTER - II

CLASS - MONTESSORI

THEME – HEALTHY FOOD

- **Open Book Projects for Semester 2 will be conducted in week nos. 24 and 25.**
- **All projects to be done in school.**
- **No written work to be done at home for the projects.**
- **Materials required for the projects to be brought by the children on Wednesday, 12th October 2022.**

LAKSHMIPAT SINGHANIA ACADEMY
ENGLISH OPEN BOOK PROJECT
SESSION 2022 – 2023
SEMESTER II
TOPIC- HEALTHY FOOD



Learning Objectives

At the end of this project students will be able to:

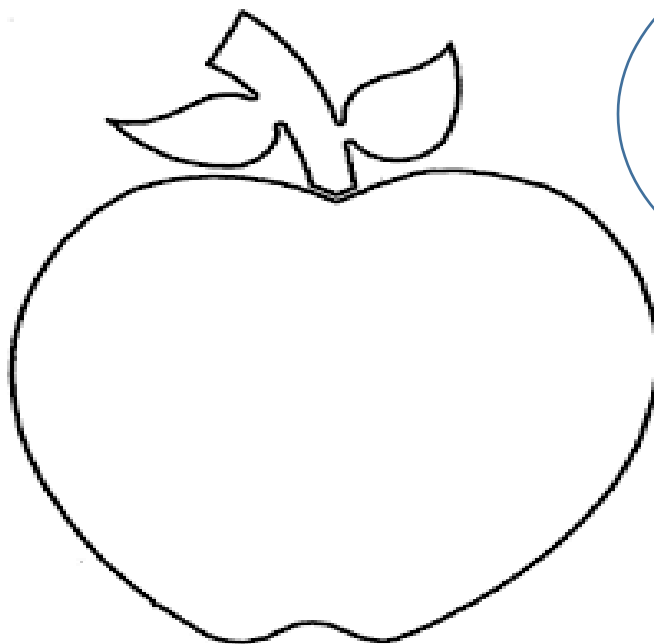
- know the importance of healthy food.
- coordinate their hand and eye movements while doing the activities.
- enhance their vocabulary by learning new words and facts related to healthy food.

LET US RECITE THE POEM.

RED RED APPLES

Red red apples
Hanging on the tree.
One for you and one for me
One for daddy, one for mummy
One for all of us
Yummy, yummy ,yummy.

Use ear buds and paints to colour the apple.



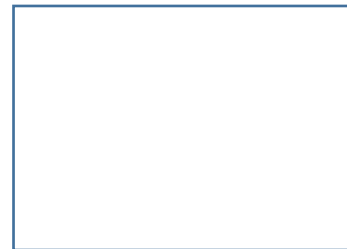
Apples are a
good source
of vitamin C
and fibre.

Identify the sound and stick the correct picture in the box.

b



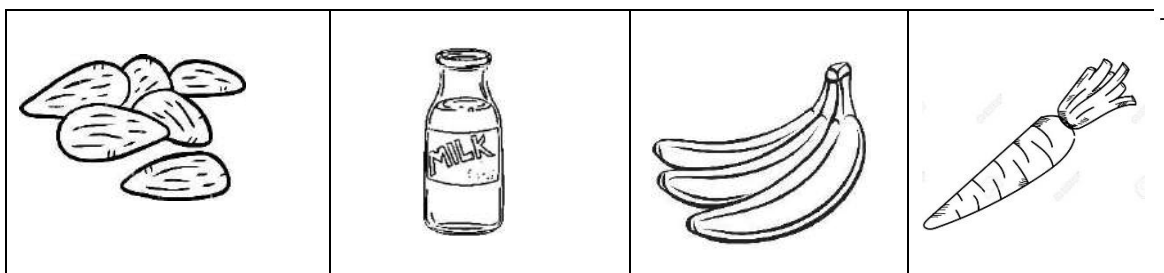
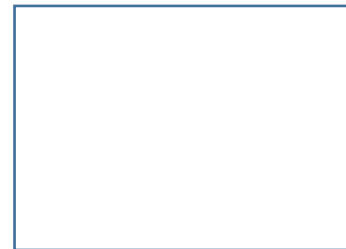
m



a



c



Use chickpeas to make the pattern and help him to reach the healthy food.



Use macaroni to make the path for Mr. Rabbit to reach the carrots.



LEARNING OUTCOME

At the end of the project, students should be able learn about healthy food and name the different fruits and vegetables while doing the activities. They will also be able to identify and match it with the correct sound. The project should help them enhance their vocabulary by learning new words related to healthy food. It will enhance their hand-eye coordination and improve their pincer grip.

NAME _____ CLASS: MONT Sec: _____ ENGLISH 2022-2023

**Materials to be brought from home for the Project on Wednesday,
12 October 2022**

- a small packet of chickpeas
- a small packet of macaroni

MONTESSORI- ENGLISH PROJECT EVALUATION RUBRIC

	Excellent	Good	Satisfactory
Vocabulary development	Can comprehend and associate words with pictures.	Can comprehend and identify few pictures.	Unable to comprehend and identify the pictures.
Pre –writing skills	Can make the pattern independently.	Can make the pattern but unable to complete the work.	Unable to do the activity.
Fine motor skills	Can colour neatly and do the art work independently with precision.	Can colour but needs assistance do the art work.	Unable to colour and complete the activity.
Creativity and presentation of work.	Work is creative and neat.	Work needs to be neat.	The work lacks creativity.

**LAKSHMIPAT SINGHANIA ACADEMY
MATHEMATICS OPEN BOOK PROJECT
SESSION: 2022 – 2023
SEMESTER II
TOPIC: Healthy Food**

LEARNING OBJECTIVES:

Through this project, students will be able to:

- ❖ learn about healthy food and how it can help keep our body fit.

- ❖ apply the concepts of associating the quantity with numbers learnt while doing the activities.

- ❖ Identify numbers and quantity through the matching and sorting activity.

- ❖ develop their aesthetic sense while doing the activities.

- ❖ enhance their vocabulary by learning new words related to healthy food.

1) Count and match the correct number with the fruits.

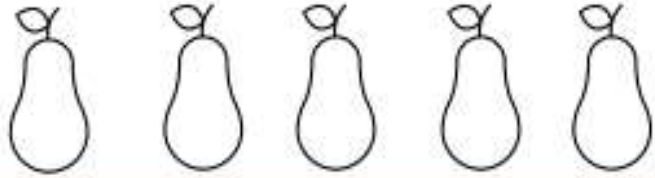
1



2



3



4



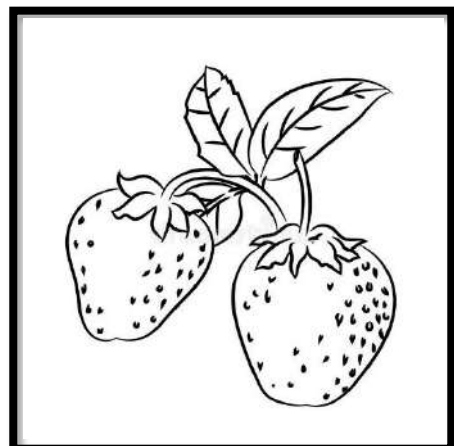
5

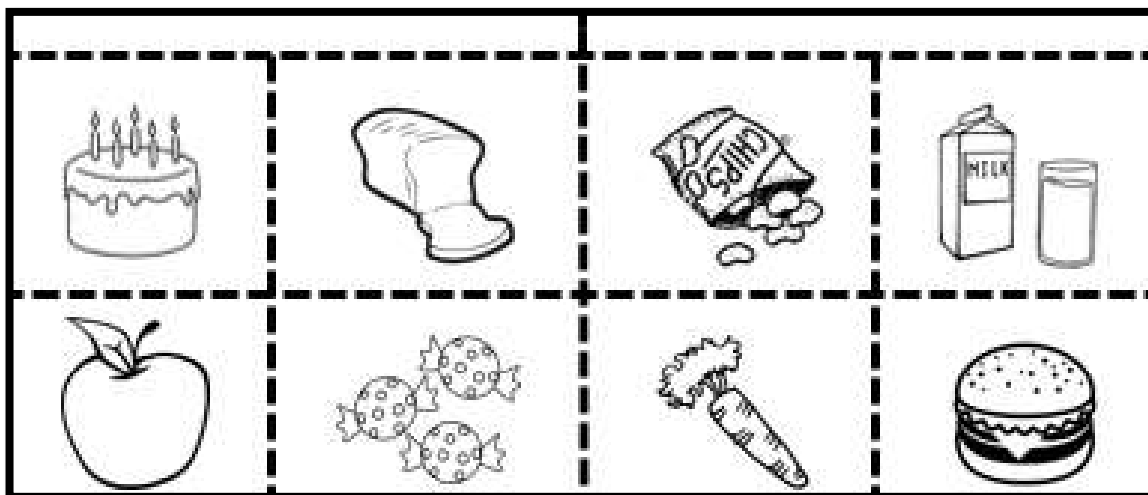


2) Lets sort this out. Cut and paste the pictures according to the number mentioned. (Refer to the template given in the next page)

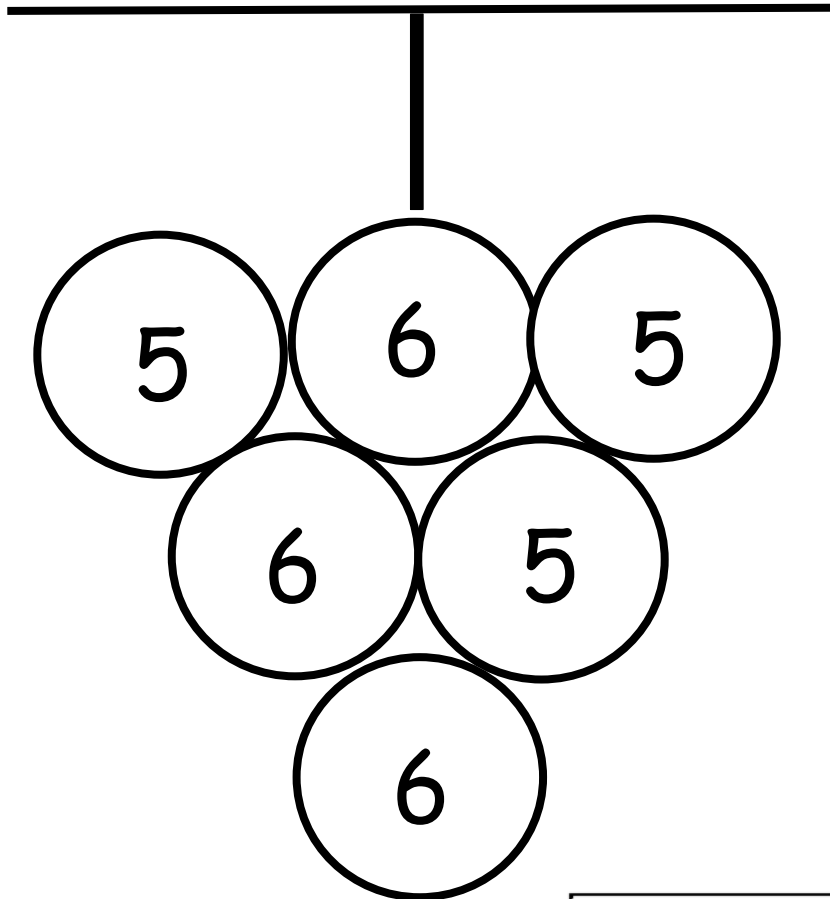


Strawberries are unique in that they're the only fruit that wears its seeds outside. Eating strawberries is also a great way to get vitamin C, magnesium, potassium, and vitamin B9. Plus, juicy ripe strawberries are healthier and tastier than candy. Also, there are over 600 different types of strawberries available today.





3) Colour all the number 5s using green crayon and number 6s using purple crayon.



Vitamins help your body stay healthy and fight disease. They are found in fruits and vegetables.



LEARNING OUTCOME

At the end of the project, students should be able learn about healthy food and name the different fruits while doing the activities. They will also be able to identify numbers and match it with the correct quantity. The project should also help them enhance their vocabulary by learning new words related to healthy food.

CLASS MONTESSORI MATHEMATICS PROJECT EVALUATION
RUBRIC

	Excellent	Good	Average
Logical and critical thinking skills	Can identify the number and match it with the quantity.	Can identify the number.	Unable to identify the number and match it with the correct quantity.
Creativity and presentation of work	The work is creative and neat.	The work need to be creative and neat.	The work lacks creativity.
Hand and eye coordination skills	Can sort and stick the healthy and unhealthy food items under the correct column pertaining to the quantity.	Can sort and stick the unhealthy and healthy food items.	The work lacks neatness.

LAKSHMIPAT SINGHANIA ACADEMY
E.V.S OPEN BOOK PROJECT
SESSION: 2022-2023
SEMESTER 2

Topic – HEALTHY FOOD

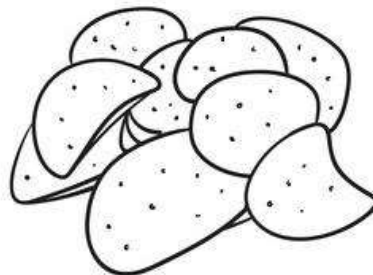
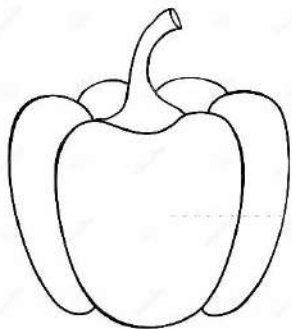
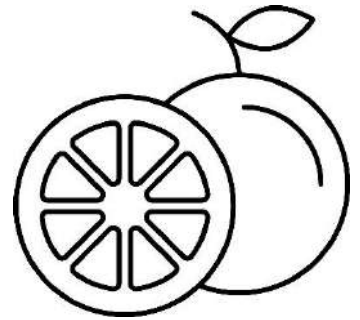
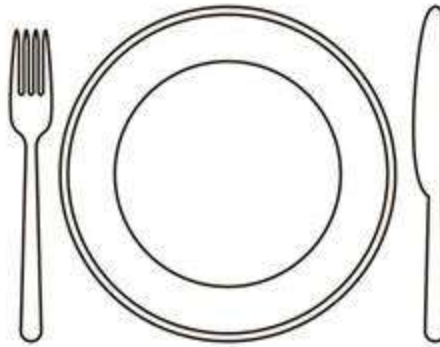
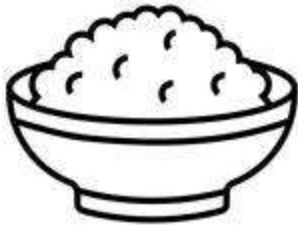
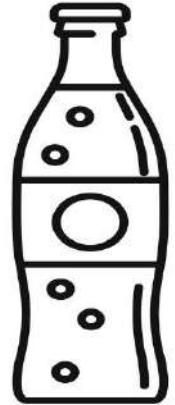
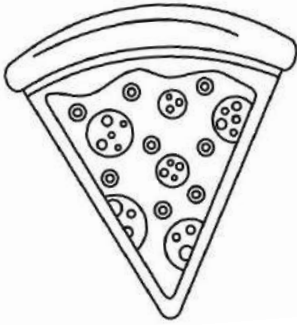
LEARNING OBJECTIVES:

Through this project, students will be able to:

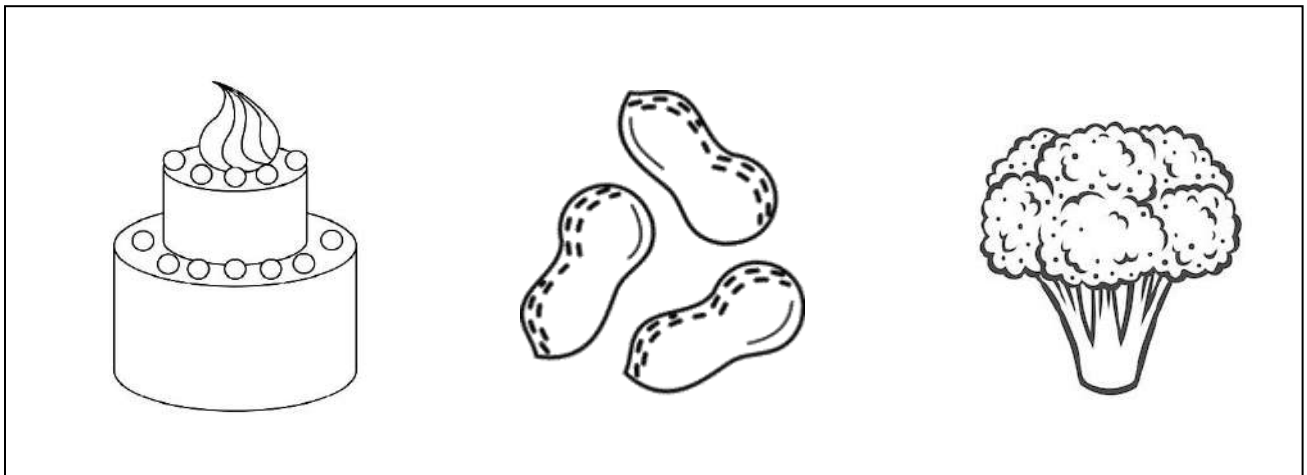
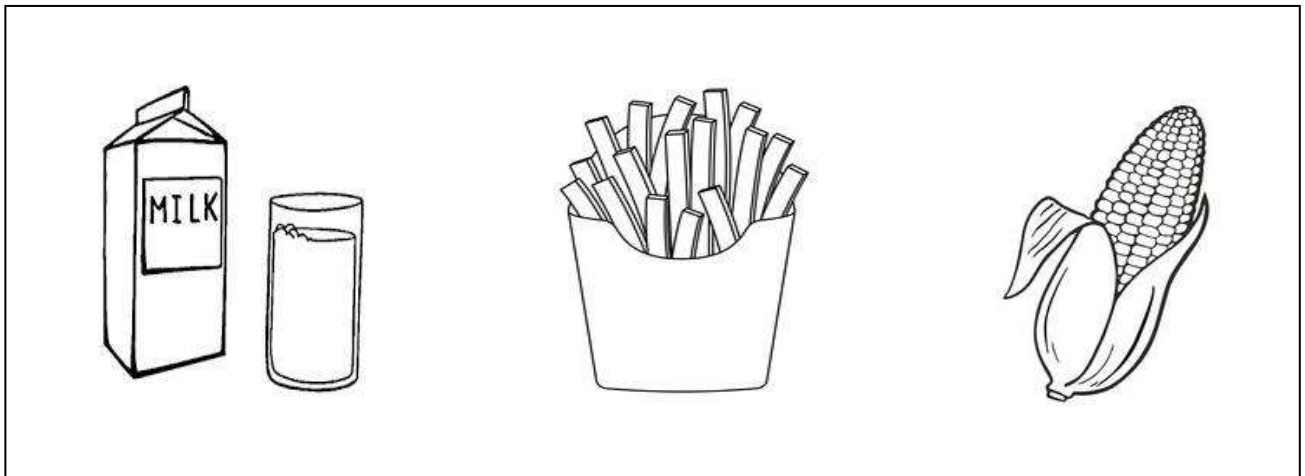
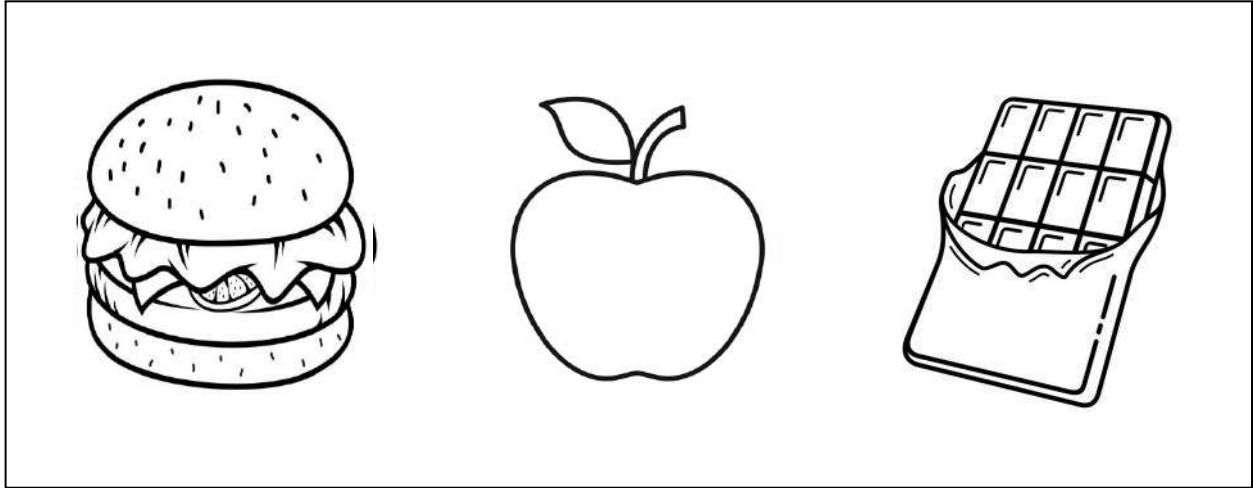
- ❖ identify food that is healthy for our body
- ❖ enhance their listening and speaking skills
- ❖ coordinate their hand and eye movements
- ❖ develop their pincer grip



1. Draw lines to connect all the healthy food to the plate.



2. Circle the healthy food in each row and colour them.



3. Mould the clay dough to make any healthy food of your choice.

LEARNING OUTCOME:

At the end of the project, students should be able to identify the foods that are good for our health. They will be able to enhance their listening and speaking skills and learn new words related to the topic. The project will also help them to coordinate their hand and eye movements as well as develop pincer grip while doing the various activities.

LAKSHMIPAT SINGHANIA ACADEMY

Name _____ CLASS MONTESSORI SEC ____ / E.V.S / 2022-2023

Rubrics for EVS Open Book Project Sem 2 2022-23 Class- Montessori

	Excellent	Good	Satisfactory
Healthy Food awareness	Is aware of the healthy foods	Is not fully aware of the healthy foods.	Is unaware of the healthy foods.
Logical and critical thinking skills	Can circle and colour pictures that shows healthy food.	Can circle and colour few pictures that shows healthy food.	Unable to circle and colour the pictures that shows healthy food.
Development of fine motor skills	Can mould the clay dough to make healthy food.	Can mould the clay dough partially to make healthy food.	Unable to mould the clay dough to make healthy food.
Creativity and presentation of work	The work is creative and neat.	The work needs to be more creative and neater.	The work lacks creativity and neatness.