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LAKSHMIPAT SINGHANIA ACADEMY
12-B ALIPORE ROAD, KOLKATA 700 027

Dear Parents

Greetings to you all!

As the much-awaited summer vacation draws near, we extend our warmest wishes to you and your family for an enjoyable and rejuvenating break. We encourage you to keep your ward engaged in meaningful activities which would provide an opportunity for them to learn life skills and values that go beyond academics.

We are pleased to share a few thoughtful suggestions that you may adopt to help your ward make the most of the holidays.

Help your ward maintain a healthy lifestyle and teach them to take care of their personal hygiene. Involve your child in physical activities like swimming, cycling or playing sports. This would help foster both physical agility and mental wellness as a well-rounded lifestyle will help promote good health as well as instil self-discipline.

Encourage your child to start the day with a short prayer. This will not only nurture their spiritual grounding but also make them emotionally resilient and teach them to be grateful for what they have.

Nurture a love for reading. Set a dedicated time daily for reading. Let your child see you read too – books, newspapers or magazines. Children often emulate what they observe. Books will open up a new world, sharpen creativity and augment their language skills.

Motivate your ward to cultivate a hobby such as painting, cooking, music, dance, gardening, photography, etc. Let them explore new interests and pursue activities that bring them joy and a sense of purpose.

Allow your child to join a club or group that aligns with their interests. Being part of a club or a community will help your ward to interact with peers of similar interest thereby enhancing communication and collaborative skills.

Assign small tasks at home like organizing their own space, setting the table, watering plants, folding clothes, etc. This will help build discipline, independence, responsibility and bring in a sense of contribution which will be a great way to teach basic life skills.

Plan family visits to the museum, parks or local tourist spots. These visits will help them to appreciate local heritage in an engaging way.

Limit screen time and ensure it is balanced with offline activities. Replace screen time with interactive board games or puzzles. These can be both fun and intellectually stimulating.

Cultivate empathy in your ward by volunteering at a local shelter or orphanage, running small errands for an elderly neighbour or even helping a younger sibling.

Foster family time and ensure your ward spends quality time with you and their grandparents.

Promote journaling by encouraging your ward to document their vacation days through maintaining a diary, drawings or photos.

Students of higher classes may apply for a short-term internship program to gain an early exposure to professional environments. They may work under the guidance of the parents in their business set-up, or, they may also look for the possibility of a virtual internship.

They may be asked to hone their budgeting skills by preparing the home budget for a month. This will make them understand the value of money.

We hope our ideas inspire you to plan a productive vacation that brings joy, laughter and help strengthen family bonds. Let this vacation be a time for them to create memories, discover passions and nurture their unique potential.

Wishing you and your family a happy and healthy summer break!

Warm regards

Meena Kak

Director

For **Lakshmipat Singhania Academy**