## LAKSHMIPAT SINGHANIA ACADEMY 12-B ALIPORE ROAD, KOLKATA 700 027

## **CIRCULAR TO GUARD AGAINST CORONA VIRUS**

## Dear Parents,

In the wake of the latest developments related to the outbreak of Corona Virus across the globe, it becomes imperative for all of us to take care of ourselves and stay safe. Though enough information is not available about the disease, we are aware that it spreads through human to human transmission. Practising the following preventive measures become essential as no vaccine or drug is available to combat this deadly disease.

- 1. Maintain hygiene in all our day to day activities.
- 2. Wash hands frequently. Use sanitisers when soap is not available.
- 3. Drink lots of fluids.
- 4. Gargle with saline water. If possible, drink warm water at intervals.
- 5. Avoid crowded places.
- 6. Use a mask while travelling in public transport.
- 7. Practise self-quarantine if you suffer from fever, cough or cold.
- 8. Avoid contact with persons suffering from similar symptoms.
- 9. Avoid touching your mouth, nose, eyes and ears without washing your hands.
- 10. Please ensure that your ward/s take precautionary measures seriously.

Your health is our concern. DO NOT PANIC.

However, we must keep in mind that prevention is better than cure.

For LAKSHMIPAT SINGHANIA ACADEMY

Meena Kak

**PRINCIPAL**