

**LAKSHMIPAT SINGHANIA ACADEMY**

**OPEN BOOK PROJECT**

**SESSION: 2024 – 2025**

**SEMESTER - I**

**CLASS – 2**

**THEME – HEALTH AND WELL – BEING**

**CHARITY AND DONATION**

**Dear children, through this project you will learn more about good health, well being, act of charity and donation.**

- Read the project instructions carefully.
- You may refer to the internet for more information and take your parents help to surf the net but you must do the project yourself.
- Use a pencil to complete your project.
- Have an enjoyable time compiling your Project work!

**Dear Parents,**

- 1) Open Book Projects for Semester 1 will be conducted during the summer vacation.
- 2) All projects to be submitted to the respective subject teacher by 18<sup>th</sup> June, 2024.
- 3) You may or may not take printouts. Children may use A4 size sheet of chart papers / paper or sheets from scrap book / drawing book, whatever is available at home.
- 4) Children need not copy the questions and the sketches given in the project.

Name: \_\_\_\_\_ Section: \_\_\_\_\_ II / English/ 2023-2024

ENGLISH OPEN BOOK PROJECT

SESSION: 2024-2025

SEMESTER I

**Theme:**

**Good Health and Well-being**  
**Charity and Donation**

**Learning Objectives**

The students will be able to:

- develop a sense of curiosity, observation skills, writing skills and reading skills
- know what is sustainable development goal no 3
- know the importance of having a healthy lifestyle
- prepare a healthy salad for themselves
- write the plural form of the ingredients used in the salad
- create a poster to raise awareness about having a green environment to stay healthy
- feel the joy of giving by serving their house help
- learn about the difference between charity and donation
- contribute to society by giving donation in varied ways



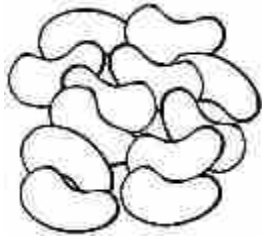
Name: \_\_\_\_\_ Section: \_\_\_\_\_ II / English/ 2023-2024

The Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted by the United Nations in 2015 as a call of action to end poverty, protect the planet, and ensure that by 2030 all people enjoy peace and prosperity. One such goal is to promote health and Well-being among all.

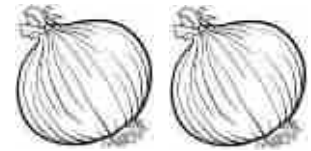
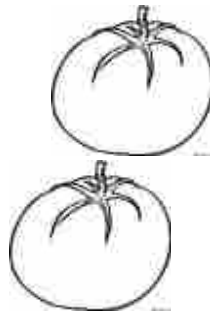
You Are What You Eat!

We can take care of our health by maintaining a healthy lifestyle. Food forms an important part of a healthy lifestyle. Include salads in your diet. They can provide a lot of nutrients to your body.

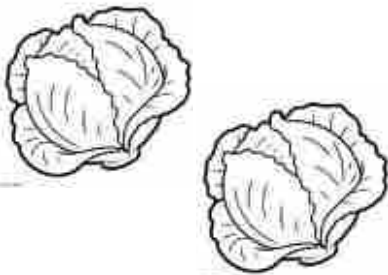
A. Here is a list of ingredients you can use in your salad. Label all the ingredients by writing their plural forms.



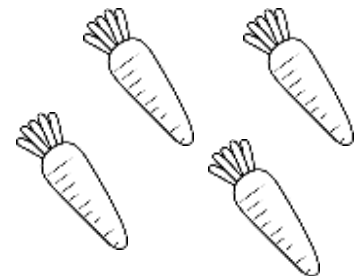
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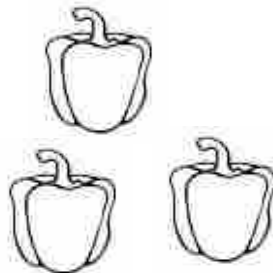
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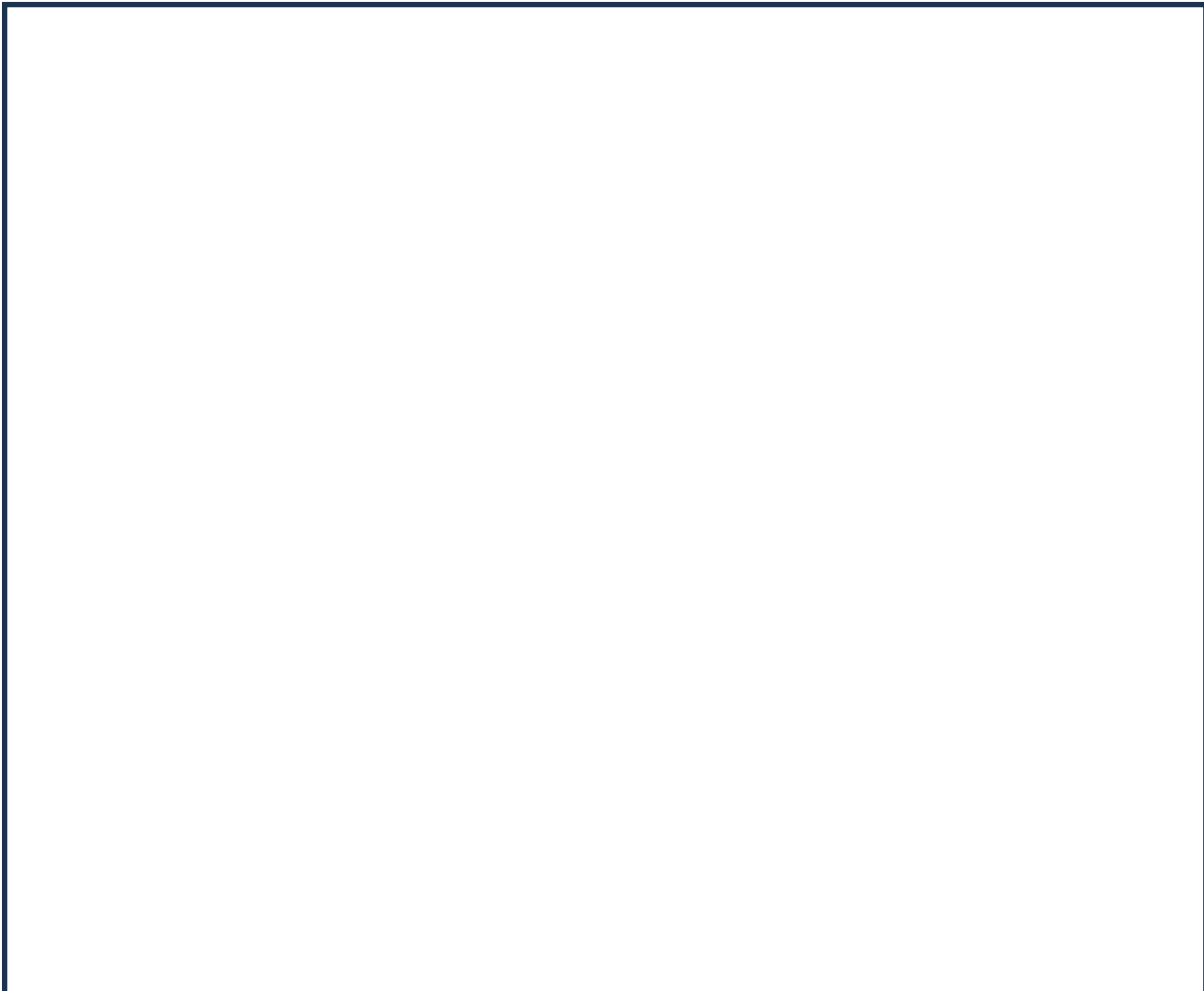
Gautama Buddha said, "To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."



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A salad is incomplete without tempting dressings and flavourings. There are different types of dressings and flavourings you can use to make your salad appealing and interesting.

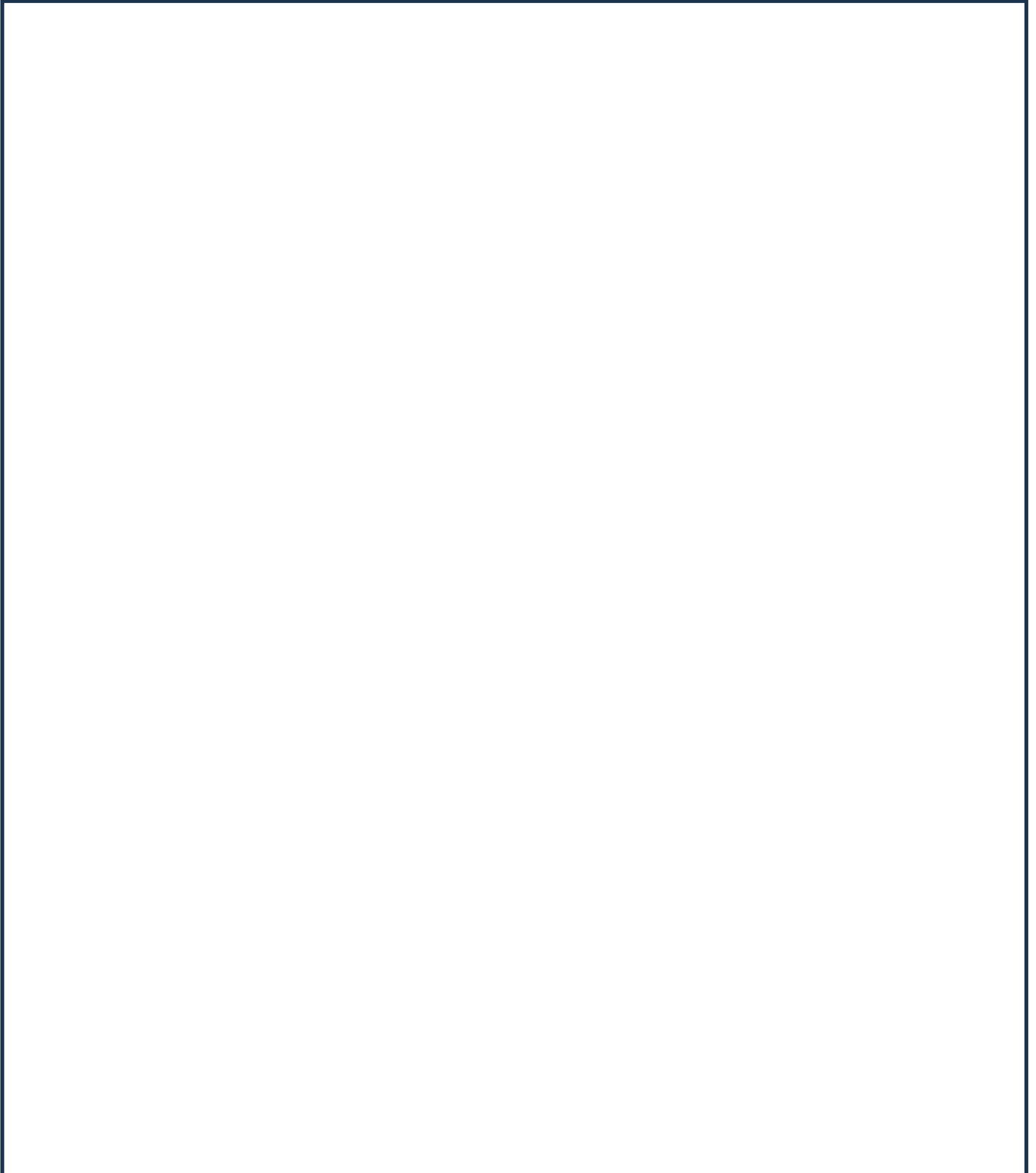
Use some of the above ingredients to make a bowl of salad for yourself and others. Click a picture of yourself with the salad and stick it in the box given below.



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B. Many diseases and deaths are caused due to pollution produced by us. One of the targets to enhance good health and well-being is to have a clean and green environment. Make a poster to create awareness about this among all. Use catchy captions and colourful pictures to make your poster.



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A **donation** is a gift given out of choice without expecting anything in return. It can be in the form of money, goods, or services.



Like you and your family members your house help also deserves a healthy lifestyle. Serve the salad that you made to him or her. Click a picture while you serve it, stick it in the space provided below and then answer the following question.



C. It is not how much we give but how much love we put into giving. How did you feel after serving your house help who had been always serving you? Write in 40 to 50 words.





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- D. **Charity** means to give things or money to people in need. Experience the joy of giving instead of always receiving. For your next birthday, ask your guests to get old or new clothes, toys and other items which we need in our day-to-day life for street children instead of expensive gifts for you. Design an invitation card and write your message on it. Staple the card along with your project sheets. Follow the format given below.



Remember to:

Share your feelings with others when you give  
Talk about how you feel when you make charitable contributions or buy things for those in need.

Ask yourself the following questions:

Do you feel proud, helpful, kind, or generous?  
Does it make you feel good that you can make a difference in other people's lives?

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### LEARNING OUTCOMES

The students should be able to:

- take care of their health and others
- appreciate the importance of leading a healthy lifestyle
- think critically while writing about their feeling.
- use their artistic skills to make the poster
- use appropriate vocabulary while making the poster and writing about their feeling
- use their creativity while designing the birthday card



English Project Evaluation Rubric

	<b>Excellent</b>	<b>Good</b>	<b>Satisfactory</b>
<b>Communicative Effectiveness</b>	The text conveys its message in a clear way. It takes into account the aim, the addresses and the context of communication.	The text conveys its message rather clearly. It takes into account the aim, the addresses and the context of communication.	The text conveys key points with some flaws and in some places does not convey the intended message.
<b>Grammar and Vocabulary</b>	The project has no or very few grammatical errors. Richness of vocabulary, no or a very few minor spelling mistakes are there	The project has few grammatical errors. Good variety of vocabulary and very few spelling mistakes are there.	Grammar mistakes make it difficult to understand the context. Limited and/or inappropriate use of vocabulary. Some spelling mistakes prevent understanding.
<b>Experiential learning, critical thinking, logical skills and creativity</b>	Expresses original ideas and insightful perspective with an appropriate number of details. An overall creative work	Expresses original ideas but has few details. However, work could have been more creative.	Lacks original ideas and has few details. Work lacks creativity.

LAKSHMIPAT SINGHANIA ACADEMY

HINDI OPEN BOOK PROJECT

SESSION:2024-2025

SEMESTER I

TOPIC- अच्छा स्वास्थ्य

सेवा हमारा धर्म

**उद्देश्य (Objectives)**

- कल्पनाशीलता का विकास
- रचनात्मकता का विकास
- भाषा शैली का विकास
- व्यावहारिक ज्ञान का विकास
- अच्छे स्वास्थ्य और सेवा के महत्व से परिचय
- भाषिक क्षमता और वैचारिक क्षमता का विकास

प्यारे बच्चों, जैसा कि हम जानते हैं कि स्वस्थ रहने के लिए पौष्टिक आहार के साथ-साथ व्यायाम और खेलकूद की भी जरूरत होती है। इस परियोजना कार्य में हम इन्हीं विषयों पर चर्चा करेंगे। इसके अतिरिक्त इस परियोजना कार्य के द्वारा सेवा ही हमारा धर्म है, इसके महत्व को भी समझेंगे और दिए गए परियोजना कार्य को पूर्ण करेंगे ।

1) स्वस्थ रहने के लिए गर्मी की छुट्टियों में दिए गए समय पर आप क्या-क्या करेंगे, सोचें और दी गई तालिका में लिखें।

सुबह 7:00 बजे	
सुबह 8:00 बजे	
दोपहर 2:00 बजे	
शाम 5:00 बजे	

2) बच्चों, जिस प्रकार आप अपने विद्यालय में "हेल्प एज इंडिया" संस्था के द्वारा ज़रूरतमंद लोगों की मदद करते हैं उसी प्रकार इस गर्मी की छुट्टी में आप किनकी मदद करेंगे। किसी एक का नाम लिखें तथा उनकी मदद करते हुए अपनी एक तस्वीर दिए गए स्थान पर लगाएँ।

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3) दिए गए स्थान पर किन्हीं दो पौष्टिक आहार का चित्र बनाएँ और उनके नाम लिखें।

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4) "अच्छा स्वास्थ्य हमारी खुशहाली" शीर्षक पर एक पोस्टर निर्माण करें और उससे संबंधित एक स्लोगन लिखें। पोस्टर बनाते समय निम्न बातों का ध्यान रखें।

- A4 साइज पेपर इस्तेमाल करें।
- शीर्षक लिखें।
- एक स्लोगन लिखें।
- रंगीन चित्र बनाएँ या चिपकाएँ।

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**Evaluation Rubric (2024-2025)**

	Excellent	Good	Average
COMPREHENSION SKILL	सभी उत्तर शुद्ध लिखने पर।	सभी उत्तर लिखने पर, लेकिन वर्तनी संबंधित भूल होने पर।	अधूरा कार्य करने पर।
ARTISTIC SKILL AND EXPERIENTIAL LEARNING	पोस्टर को आकर्षक रूप से बनाने पर तथा आकर्षक चित्र निर्माण पर।	पोस्टर को साधारण रूप से बनाने पर तथा साधारण चित्र निर्माण पर।	दोनों कार्य अधूरे होने पर।
EXPERIENTIAL LEARNING, CRITICAL THINKING, LOGICAL SKILL	अपने अनुभव के आधार पर उत्तर बिना वर्तनी भूल किये हुए शुद्ध लिखने पर।	वर्तनी संबंधित भूल होने पर।	अधूरा कार्य करने पर।
OVERALL PRESENTATION	परियोजना का समय प्रभाव रोचक और आकर्षक।	परियोजना का समय प्रभाव ध्यान आकर्षण के लिए पर्याप्त।	परियोजना की समय प्रस्तुति को आकर्षक बनाने के लिए कुछ ही प्रयास किया गया।

LAKSHMIPAT SINGHANIA ACADEMY

BENGALI OPEN BOOK PROJECT

SESSION:2024-2025

SEMESTER I

TOPIC- সুস্বাস্থ্য ও সেবা আমাদের ধর্ম

**উদ্দেশ্য (Objectives)**

- কল্পনার বিকাশ
- সৃজনশীলতার বিকাশ
- ভাষাশৈলীর বিকাশ
- ব্যবহারিক জ্ঞানের বিকাশ
- সুস্বাস্থ্য ও সেবার গুরুত্ব সম্পর্কে পরিচয়
- ভাষাগত ক্ষমতা এবং ধারণাগত ক্ষমতার বিকাশ

3) Date of submission:

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প্রিয় শিক্ষার্থীরা, আমরা জানি সুস্থ থাকার জন্য পুষ্টিকর খাবারের পাশাপাশি ব্যায়াম ও খেলাধুলারও প্রয়োজন। এই প্রকল্পের কাজে আমরা এই বিষয়গুলো নিয়ে আলোচনা করব। এ ছাড়া এই প্রকল্প কাজের মাধ্যমে 'সেবাই আমাদের ধর্ম।' আমরা এর গুরুত্বও বুঝব এবং প্রদত্ত প্রকল্পের কাজটি সম্পূর্ণ করব।



1) সুস্থ থাকার জন্য, গ্রীষ্মের ছুটিতে তোমরা নির্দিষ্ট সময়ে কী করবে তা ভেবে দেখো এবং প্রদত্ত টেবিলে লেখো।

সকাল 7:00	
সকাল 8:00	
দুপুর 2:00	
সন্ধ্যা 5:00	

2) শিক্ষার্থীরা, তোমরা যেমন "হেল্প এইজ ইন্ডিয়া" সংস্থার মাধ্যমে অভাবী লোকদের অর্থ দিয়ে সাহায্য করো, ঠিক একইভাবে তুমি, এই গ্রীষ্মের ছুটিতে কাকে সাহায্য করবে। তার নাম লেখো এবং প্রদত্ত জায়গায় তাকে সাহায্য করার সময় তার ও তোমার একটি ছবি তুলে লাগাও।

3) প্রদত্ত স্থানে যেকোনো দুটি পুষ্টিকর খাবারের ছবি আঁকো এবং তাদের নাম লেখো।

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4) 'সুস্বাস্থ্য আমাদের সুখ' শিরোনামে একটি পোস্টার তৈরি করো এবং এই সম্পর্কিত একটি স্লোগান লেখো। পোস্টার বানানোর সময় নিচের বিষয়গুলো মাথায় রেখো।

- A4 সাইজের কাগজ ব্যবহার করো
- একটি শিরোনাম লেখো
- একটি স্লোগান লেখো
- রঙিন ছবি আঁকো বা পেস্ট করো

**LEARNING OUTCOMES:**

- এই পরियोजना কার্যের মাধ্যমে শিক্ষার্থীরা সুস্বাস্থ্য ও সেবার গুরুত্ব সম্পর্কে পরিচিত হবে।



**CLASS -II BENGALI PROJECT- সুস্বাস্থ্য ও সেবা আমাদের ধর্ম**

**Evaluation Rubric (2024-2025)**

	Excellent	Good	Average
<b>COMPREHENSION SKILL</b>	সঠিক ভাবে সব উত্তর লিখলে।	সঠিক ভাবে সব উত্তর লিখলেও কিছু বানান ভুল হলে।	অসমাপ্ত কাজ করার জন্য।
<b>ARTISTIC SKILL AND EXPERIENTIAL LEARNING</b>	সঠিক চিত্র অঙ্কন। সঠিক পোস্টার নির্মাণের জন্য।	সঠিক চিত্র অঙ্কন। সঠিক পোস্টার নির্মাণের অসম্পূর্ণতার জন্য।	অসমাপ্ত কাজ করার জন্য।
<b>EXPERIENTIAL LEARNING, CRITICAL THINKING, LOGICAL SKILL</b>	নিজের অভিজ্ঞতার ভিত্তিতে বানান ভুল না করে উত্তর লিখলে।	বানান ভুলের ক্ষেত্রে।	অসমাপ্ত কাজ করার জন্য।
<b>OVERALL PRESENTATION</b>	প্রকল্পের সামগ্রিক ছাপ আকর্ষণীয় এবং আকর্ষক।	প্রকল্পের সামগ্রিক ছাপ মনোযোগ আকর্ষণ করার জন্য যথেষ্ট নয়।	প্রকল্পের সামগ্রিক উপস্থাপনা আকর্ষণীয় করার জন্য সামান্য প্রচেষ্টা নিয়েছে।

NAME: \_\_\_\_\_ CLASS: II \_\_ ROLL NO \_\_\_\_\_ DATE \_\_\_\_\_ MATH

LAKSHMIPAT SINGHANIA ACADEMY  
MATHEMATICS OPEN BOOK PROJECT

THEME: Good Health and Well-Being  
Charity and Donation

SESSION: 2024-2025

SEMESTER 1

LEARNING OBJECTIVES:

Through this project, students will be:

- able to show the healthy habits they follow through the clock activity
- able to show their artistic skills while revising the concept of set building
- able to apply their knowledge of ordinal numbers and their names while learning about the names of a few non-governmental organizations
- able to solve brainteasers and find the amount spent on various items used for maintaining good health and hygiene









NAME: \_\_\_\_\_ CLASS: II \_\_ ROLL NO \_\_\_\_\_ DATE \_\_\_\_\_ MATH  
 Good Health and Well-Being

Health and well-being are essential aspects of our lives that contribute to our happiness and quality of life. Good health allows us to live our lives to the fullest, participate in activities we enjoy, and be there for the people we care about.



A. Circle the correct time and then draw the hands of the given clocks to show the healthy habits that you follow during **school days** to stay healthy.

<p>Taking a bath in the morning</p>  <p>6 a.m. / 6 p.m.</p>	<p>Having a healthy breakfast</p>  <p>7 p.m. / 7 a.m.</p>	<p>Playing with friends in the evening</p>  <p>5 p.m. / 5 a.m.</p>
<p>Studying in the evening</p>  <p>4 a.m. / 4 p.m.</p>	<p>Having a healthy dinner</p>  <p>8 p.m. / 8 a.m.</p>	<p>Going to bed</p>  <p>10 a.m. / 10 p.m.</p>

B. Breakfast is the first meal of the day. The word '**breakfast**' means breaking the fast. It provides the necessary energy that one needs to perform during the day. Skipping breakfast can lead to exhaustion, extreme hunger and lack of focus.

Show your creativity by making a healthy open sandwich using paper cutouts of shapes.



NAME: \_\_\_\_\_ CLASS: II \_\_ ROLL NO \_\_\_\_\_ DATE \_\_\_\_\_ MATH

### Healthy Open Sandwich


Write the number of shapes used for making your sandwich.

Shape	Number	Any other shape used	Number
Square =			
Circle =			
Triangle =			
Rectangle =			

NAME: \_\_\_\_\_ CLASS: II \_\_ ROLL NO \_\_\_\_\_ DATE \_\_\_\_\_ MATH  
Charity and Donation

Charity is often seen as an act of giving or helping someone in need. A donation is a gift for charity, humanitarian aid, or to benefit a cause. A donation may take various forms, including money, services or goods such as clothing, toys, food, or vehicles.

C. You have decided to go to the following places for donating a few items. Write the ordinal numbers and their names to show the order you followed.

				
	Child Rights and You	HelpAge India	Missionaries of Charity	Hope Foundation
Ordinal number name				
Ordinal number				

D. Solve the brainteasers to know the amount you spent on the items you donated.

	Name of the item	Brainteaser	Amount in figures
a.	comb	100 + a score	
b.	nail clipper	100 + 90 + 5	
c.	bar of soap	3 centuries	
d.	toothbrush	2 hundreds + 4 tens	

NAME: \_\_\_\_\_ CLASS: II \_\_ ROLL NO \_\_\_\_\_ DATE \_\_\_\_\_ MATH

**LEARNING OUTCOME:**

At the end of the project, students should follow healthy habits, apply their knowledge of various Mathematical concepts learnt in class, and learn about few non-governmental organizations thus understanding the joy of giving through charity.

**Class II Mathematics Project Evaluation Rubrics**

<b>Criteria</b>	<b>Excellent</b>	<b>Good</b>	<b>Satisfactory</b>
<b>Content, accuracy and relevance</b>	Understanding of the topic is very evident.	Understanding of the topic is partially clear.	Understanding of the topic is unclear.
<b>Logical skill, spatial skill and art integration</b>	Shows mastery over spatial and logical reasoning. The work is exceptionally creative and well integrated with art.	Shows command over spatial and logical reasoning. The work shows little creativity and integration with art.	Shows little bit awareness about spatial and logical reasoning. The work lacks creativity and integration with art.
<b>Overall presentation and neatness of work</b>	Completes the work with precision and accuracy thus exhibiting fine motor skills and aesthetic sense.	Completes the work neatly but needs to improve fine motor skills and aesthetic sense.	Work lacks neatness, precision and accuracy.

**LAKSHMIPAT SINGHANIA ACADEMY**

**E.V.S OPEN BOOK PROJECT**

**THEME: Good Health & Well – Being  
Charity & Donation**

**SESSION: 2024 – 2025**

**SEMESTER 1**

**LEARNING OBJECTIVES:**

Through this project, students will be able to:

- develop a sense of curiosity, observation skills, writing skills and reading skills
- apply critical thinking skills while completing the project
- identify different ailments and the names of the specialist to treat the same
- learn about positive thoughts for well-being
- learn various facts and identify logos related to the different non-governmental organisations
- learn about different acts of charity

**GOOD HEALTH AND WELL - BEING**

Good Health and Well-being is a state characterized by health, happiness, and prosperity. Good health concerns the care of the human body and everything that can be done to protect it from sickness.

A. Identify the ailment by looking at the picture and then, complete the sentences with the help of the box given below:



What's the matter?

I have got \_\_\_\_\_

You should go to an \_\_\_\_\_



What's the matter?

I have got \_\_\_\_\_

You should go to a \_\_\_\_\_



What's the matter?

I have got a \_\_\_\_\_

You should go to a \_\_\_\_\_



What's the matter?

I have got an \_\_\_\_\_

You should go to an \_\_\_\_\_

**HELP BOX**

rashes dermatologist	toothache dentist
ear pain E.N.T	itchy eyes ophthalmologist

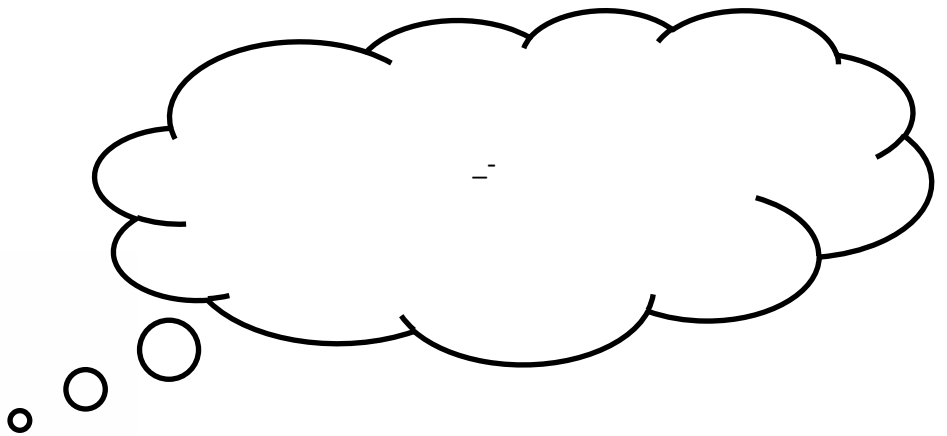


# LAKSHMIPAT SINGHANIA ACADEMY

B. Now draw the body parts you have identified:

eyes	skin
tooth	ear

C. What is one positive thought you have had about yourself this week? Write it in the thought bubble.



**Charity and Donation**

Charity is often seen as an act of giving or helping someone in need. Donation also means helping someone by contributing.

D. Identify the logos and then match it with the correct organization:

	Logos		Organisations
a.			<p><b>People for the Ethical Treatment of Animals</b> is an American animal rights and a nonprofit organization. Their aim is to stop animal suffering.</p>
b.			<p><b>The World Wildlife Fund</b> aims to build a future in which humans can live in harmony with nature.</p>
c.			<p><b>HelpAge India</b> is an Indian organization focused on the concerns of elders and support initiatives relating to old people, especially with regard to their healthcare.</p>
d.			<p><b>The United Nations International Children's Emergency Fund</b> helps to protect children's rights, meet their basic needs and to provide them opportunities to reach their full potential.</p>

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E. Cut and paste the pictures corresponding to each act of charity.

	act of charity		pictures
a.	cleaning the community		
b.	spending time with the sick or elderly		
c.	giving money for a good cause		
d.	using time to teach others		
e.	giving blood at the blood bank		
f.	sharing food hampers		

Pictures



**LEARNING OUTCOME**

At the end of the project, students should be able to

- develop a sense of curiosity, observation skills, writing skills and reading skills
- apply critical thinking skills while completing the project
- identify different ailments and the names of the specialist to treat the same
- learn about positive thoughts for well-being
- learn various facts and identify logos related to the different non-governmental organisations
- learn about different acts of charity

# LAKSHMIPAT SINGHANIA ACADEMY

## Class 2 E.V.S Project Evaluation Rubric Semester I

	<b>Excellent</b>	<b>Good</b>	<b>Average</b>
<b>Identifying different ailments and their respective doctors</b>	Able to analyze data given in the riddles and can answer all the questions.	Able to analyze few data given in the riddles and can answer few questions.	Unable to analyze the data given in the riddles and cannot answer any questions.
<b>Creativity and Art Integration</b>	The work is creative.	The work needs to be more creative.	The work lacks creativity.
<b>Observation, research and critical thinking</b>	The information is concise and accurate.	The information is cohesive but not concise and accurate.	The information somewhat addresses the requirement but not in a cohesive or concise manner.
<b>Experiential learning, critical thinking, logical skills</b>	Can justify their answer in a coherent way.	Knows the answer but doesn't write it clearly.	Does not know the answer.